

A Holographic Approach to Dense Matter in Neutron Stars

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Outline

1. Introduction
2. AdS/CFT Correspondence
3. Holographic QCD
4. Merging Holographic Neutron Stars
5. Summary

1. Introduction

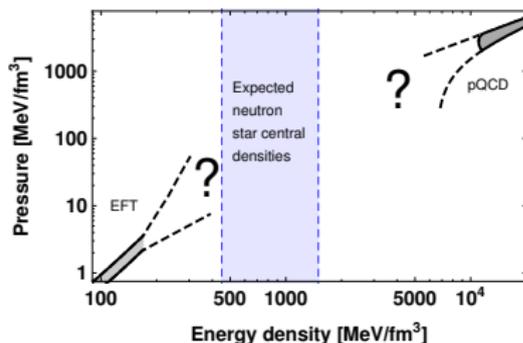
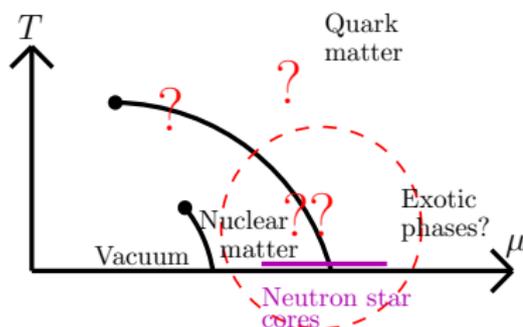
Motivation

- ▶ Since GW170817 we detect gravitational waves (GW) and their electromagnetic counterpart from neutron star (NS) mergers.
- ▶ This enables us to collect information about dense matter inside the stars and hopefully learn something about quantum chromodynamics (QCD).
- ▶ An important tool to interpret observations are numerical simulations.
- ▶ Microphysical input needed: Equation of State (EoS), viscosities, resistivity, ...
- ▶ In practice it is prohibitively hard to compute this directly from QCD at intermediate densities and low temperatures.
- ▶ Strategy:
 - i Mimic QCD with holographic model, parameters fixed with lattice data and perturbative QCD where they are valid
 - ii Compute EoS, etc. with the tuned model at densities where traditional QCD methods fail.
 - iii Use EoS in merger simulations to produce predictions (PSD, formation of quark matter?, ...).

QCD Phase Diagram and EoS

EoS $p(\epsilon, T, \dots)$ required to close equations of motion in an effective fluid description of neutron stars, but unfortunately it is not known because:

- ▶ Lattice QCD works only at zero/small chemical potentials
- ▶ Perturbative QCD works only at asymptotically high densities
- ▶ Effective nuclear matter models work at small densities



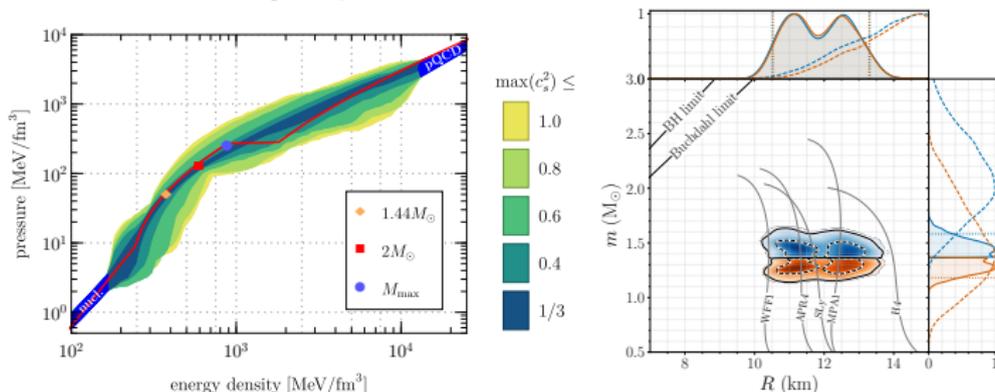
Constraints on the EoS

From theory:

- ▶ By causality the speed of sound has to satisfy: $c_s^2 = \left(\frac{\partial p}{\partial \epsilon}\right)_s < 1$.
- ▶ QCD is asymptotically free at large densities: $c_s^2 \rightarrow 1/3$.

From observation:

- ▶ NS-white dwarf binaries PSR J0348+0432: $M_{\max} > 2.01 \pm 0.04 M_{\odot}$.
[Cromartie et al. arXiv:1904.06759, Antoniadis et al. arXiv:1304.6875]
- ▶ recently deduced from GW190814: $M_{\max} > 2.08 \pm 0.04 M_{\odot}$
[Most, Papenfort, Weih, Rezzolla, arXiv:2006.14601]
- ▶ GW170817 constrains tidal deformability: $\Lambda \lesssim 580$.
[LIGO/Virgo: arXiv:1710.05832, arXiv:1805.11579, arXiv:1805.11581]



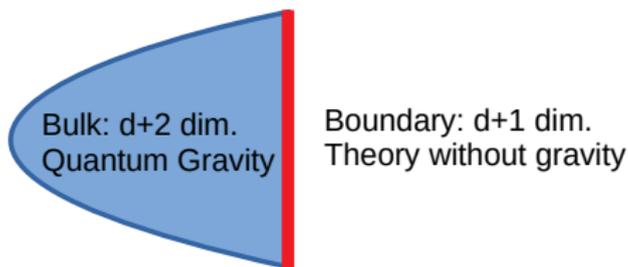
[Annala, Gorda, Kurkela, Nättilä, Vuorinen arXiv:1903.09121, left plot by T. Gorda]

2. AdS/CFT Correspondence

The Holographic Principle

Any theory of quantum gravity has an equivalent description in terms of lower dimensional theory without gravity.

[t' Hooft arXiv:9310006, Susskind arXiv:940989]



Inspired by the Bekenstein-Hawking formula (area law) for black hole entropy

$$S_{\text{BH}} = \frac{c^3}{4G_{\text{N}}\hbar} A \quad (1)$$

A precise realization of the holographic principle, called the AdS/CFT correspondence, was found in 1997 by Juan Maldacena in string theory.

AdS/CFT Correspondence

$$\begin{array}{c} \text{Type IIB string theory on } \text{AdS}_5 \times \text{S}_5 \\ = \\ \text{SU}(N) \mathcal{N} = 4 \text{ Super Yang-Mills (SYM) theory on } \mathcal{M}_4 \end{array}$$

[Maldacena arXiv:9711200]

- ▶ The correspondence is conjectured to hold for any value of the 't Hooft coupling $\lambda = 2g_{YM}^2 N$ and rank of gauge group N .
- ▶ AdS/CFT is a strong-weak duality: if field theory is strongly coupled the gravity theory is weakly coupled and vice versa.
- ▶ **Supergravity limit:** Assuming point like strings ($\ell_s \rightarrow 0$) and small coupling ($g_s \ll 1$) reduces the string theory side to classical supergravity.
- ▶ This corresponds to the $N \rightarrow \infty$ and $\lambda \rightarrow \infty$ limit on the field theory side
- ▶ AdS/CFT as a Tool: Observables in strongly coupled field theory (very hard) can be obtained from classical gravity calculations (much easier).

The Gravity Side: AdS Spacetime

- ▶ AdS_{d+1} is a maximally symmetric solution of the Einstein equations with negative cosmological constant Λ and negative curvature radius L .

$$R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} + \Lambda g_{\mu\nu} = 0, \quad \Lambda = -\frac{d(d-1)}{2L^2}$$

- ▶ This is different from our universe which is well described by de Sitter space with small positive cosmological constant $\Lambda = 1.1056 \times 10^{-52} \text{ m}^{-2}$.
- ▶ AdS space has a timelike boundary at $r = \infty$, which for the Poincaré patch is Minkowski space. In the AdS/CFT context this is where the CFT lives.

$$ds^2 = \frac{L^2}{r^2} dr^2 + \frac{r^2}{L^2} \underbrace{(-dt^2 + d\vec{x}^2)}_{\text{boundary metric}}$$

- ▶ Asymptotic AdS spacetimes, like the AdS black brane, look only at $r \rightarrow \infty$ like AdS, but differ in the interior, e.g. by the presence of a BH horizon.

The Holographic Dictionary

- ▶ Every quantity on the gravity side corresponds to a dual quantity on the field theory side.

Gravity Side	Gauge Theory Side
black hole area \mathcal{A}	thermal entropy S_{th}
on-shell action S_{grav}	f free energy
metric $g_{\mu\nu}$	$T^{\mu\nu}$ stress tensor
scalar field ϕ	\mathcal{O} scalar operator
gauge field A_μ	J^μ global sym. current
...	...

- ▶ Geometry in the bulk corresponds to a state in the field theory:
e.g.: black hole geometries correspond to finite temperature states with T equal the Hawking temperature of the BH.
- ▶ Sometimes there are multiple gravity solutions, which correspond to different phases in the field theory.
The thermodynamically preferred (stable) phase is the one with lowest free energy, i.e., smaller S_{grav} .

3. Holographic QCD

Holographic QCD

The total gravity action (S_{grav}) consists of a gluon (S_g) and a flavour (S_f) part:

$$S_{\text{grav}} = S_g + S_f \quad (2)$$

Gluon part (Einstein-dilaton gravity):

$$S_g = N_c^2 M_{\text{Pl}}^3 \int d^5x \sqrt{-g} \left(R - \frac{1}{2} \partial_\rho \phi \partial^\rho \phi - V(\phi) \right) \quad (3)$$

Dilaton $e^\phi \leftrightarrow \text{Tr} F^2$ sources the 't Hooft $\lambda = g_{\text{YM}}^2 N_c$ coupling in YM theory.

Flavour part (tachyonic Dirac-Born-Infeld action):

$$S_f = -N_f N_c M_{\text{Pl}}^3 \int d^5x \mathcal{Z}(\phi, \chi) \sqrt{-\det(g_{\mu\nu} + \kappa(\phi, \chi) \partial_\mu \chi \partial_\nu \chi + \mathcal{W}(\phi, \chi) F_{\mu\nu})} \quad (4)$$

Tachyon $\chi \leftrightarrow \bar{q}q$ controls chiral symmetry breaking, Abelian field strength $F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu$ determines dynamics for the U(1) gauge field A_μ , boundary value of A_0 gives quark-chemical potential μ in the field theory.

Several potentials $\{V, \mathcal{Z}, \kappa, \mathcal{W}\}$ either fixed by string theory construction (top-down) or matched to pQCD and lattice QCD (bottom-up).

[For details and references see e.g. Hoyos et al. [arXiv:2005.14205](https://arxiv.org/abs/2005.14205); Ishii et al. [arXiv:1903.06169](https://arxiv.org/abs/1903.06169)]

$\mathcal{N} = 4$ SYM + probe matter

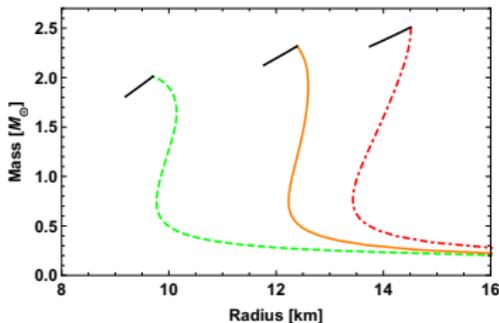
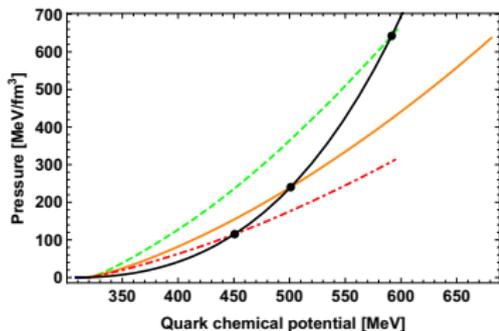
Top-down: e.g. D3-D7 model, potentials entirely fixed by string construction

$$M_{\text{Pl}}^3 = \frac{1}{8\pi^2}, \mathcal{Z} = \frac{\lambda_{\text{YM}}}{2\pi^2} \cos^3 \chi, \mathcal{W} = \frac{2\pi}{\sqrt{\lambda_{\text{YM}}}}, \kappa = 1, \lambda_{\text{YM}} \simeq 10.74 \quad (5)$$

[Karch, O' Bannon, arXiv:0709.0570]

Combine D3-D7 model ($\epsilon = 3p + \frac{3m^2}{2\pi} \sqrt{p}$) with **soft**, **intermediate** and **stiff** nuclear matter EoS.

[Hebeler, Lattimer, Pethick, Schwenk arXiv:1303.4662]



[Hoyos, Fernandez, Jokela, Vuorinen arXiv:1603.02943]

- ▶ Strong first order nuclear to quark matter phase transition.
- ▶ Neutron stars with holographic quark matter cores are unstable.
- ▶ Varying the quark mass m on can also get stable quark and hybrid stars.

[Annala, CE, Hoyos, Jokela, Fernandez, Vuorinen arXiv:1711.06244] 14/30

Veneziano QCD

Bottom-up: $S_g + S_f$ in Veneziano limit (=V-QCD), maintains backreaction between quarks and gluons

$$N_c \rightarrow \infty \text{ and } N_f \rightarrow \infty \text{ with } x \equiv N_f/N_c \text{ fixed}$$

[Järvinen, Kiritsis arXiv:1112.1261]

Form of the potentials $\{V, \mathcal{Z}, \kappa, \mathcal{W}\}$ guided by string theory, parameters fitted to lattice data near $\mu = 0$ and tuned to pQCD for small λ .

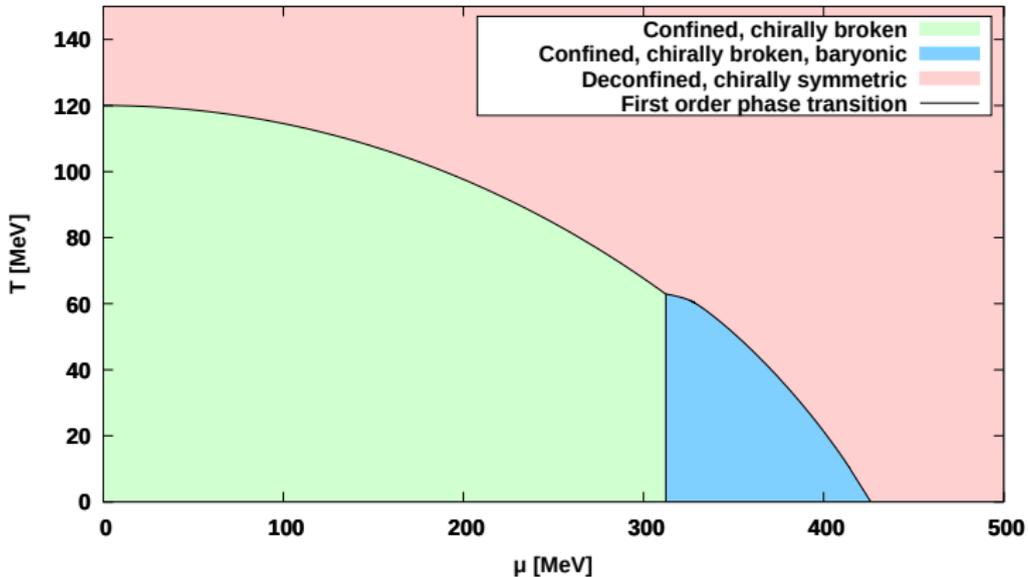
[Jokela, Järvinen, Remes, arXiv:1809.07770]

Recently: baryons in simple probe approximation as homogeneous bulk soliton

[Ishii, Järvinen, Nijs arXiv:1903.06169]

- ▶ One free parameter: b = coupling between baryon and chiral condensate.
- ▶ Non-trivial nuclear and quark matter EoS from the same model.

Phase Diagram



[Ishii, Järvinen, Nijs, JHEP 1907 (2019) 003]

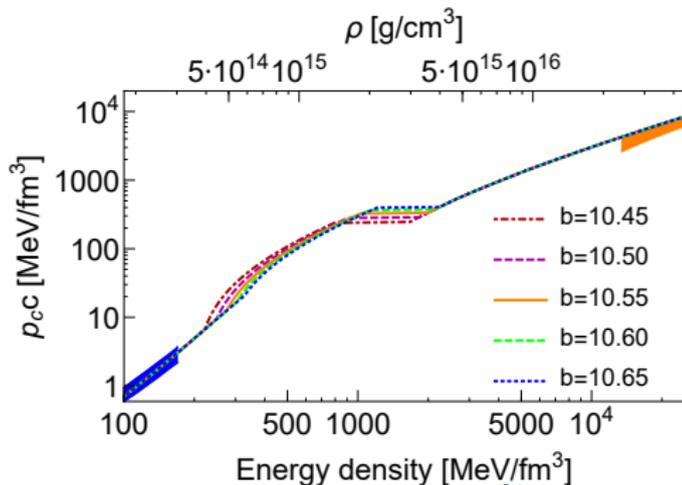
Equation of State

- ▶ Homogeneous baryon ansatz only a good approximation at high densities: match low density region to SLy nuclear matter EoS.

[Douchin, Haensel, *Astron.Astrophys.* 380 (2001) 151]

- ▶ Strong¹ first order nuclear to quark matter phase transition.
- ▶ LIGO observation GW170817 constrains $b \gtrsim 10.45 \rightarrow \Lambda_{1.4} \approx 680$.

[Abbott et al., *Phys.Rev.Lett.* 121 (2018) no.16, 161101]



b	$\frac{\rho_m}{\rho_s}$	$\Lambda_{1.4}$
10.45	1.44	680
10.50	1.61	550
10.55	1.77	470
10.60	1.94	410
10.65	2.10	370
SLy	–	300

[CE, Järvinen, Nijs, van der Schee, arXiv:1908.03213]

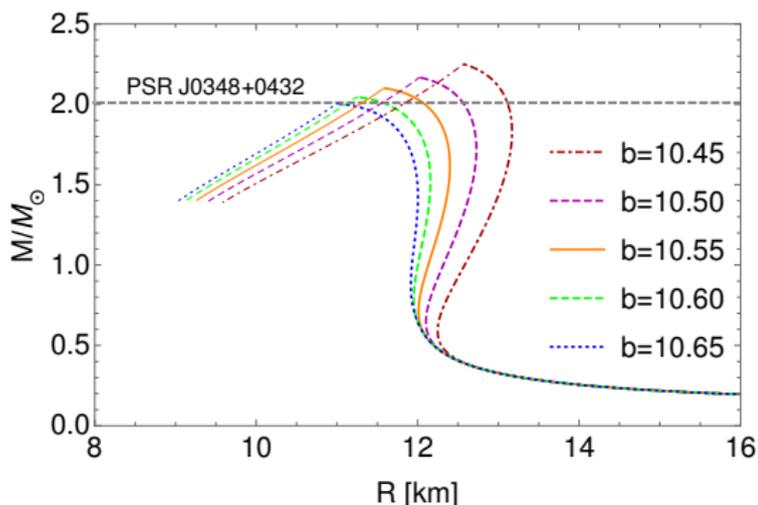
¹The latent heat at the transition is sizable (for $b = 10.5$: $\Delta\epsilon = 920\text{MeV}/\text{fm}^3$).

Mass-radius relation

- Large values of $b \gtrsim 10.65$ are ruled out by $2.01M_{\odot}$ -bound from PSR J0348+0432 and PSR J1614-2230.

[Antoniadis et. al., Science 340 (2013) 6131]

- Allowed values in the holographic model: $10.45 \lesssim b \lesssim 10.65$.



b	$\frac{R_{1.4}}{\text{km}}$	$\frac{M_{\text{max}}}{M_{\odot}}$
10.45	13.0	2.25
10.50	12.6	2.17
10.55	12.3	2.10
10.60	12.1	2.04
10.65	12.0	2.00
SLy	11.7	2.05

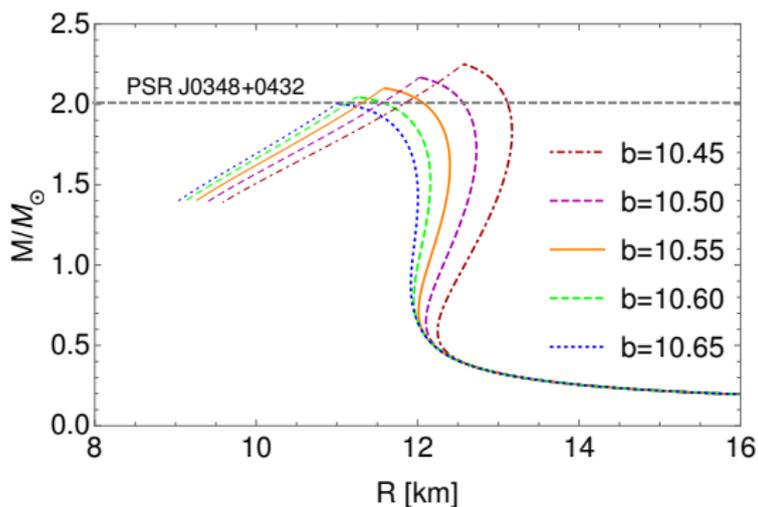
[CE, Järvinen, Nijs, van der Schee, arXiv:1908.03213]

Mass-radius relation

- ▶ Large values of $b \gtrsim 10.6$ are ruled out by $2.08M_{\odot}$ -bound deduced from GW190814.

[Most, Papenfort, Weih, Rezzolla, arXiv:2006.14601]

- ▶ Allowed values in the holographic model: $10.45 \lesssim b \lesssim 10.60$.

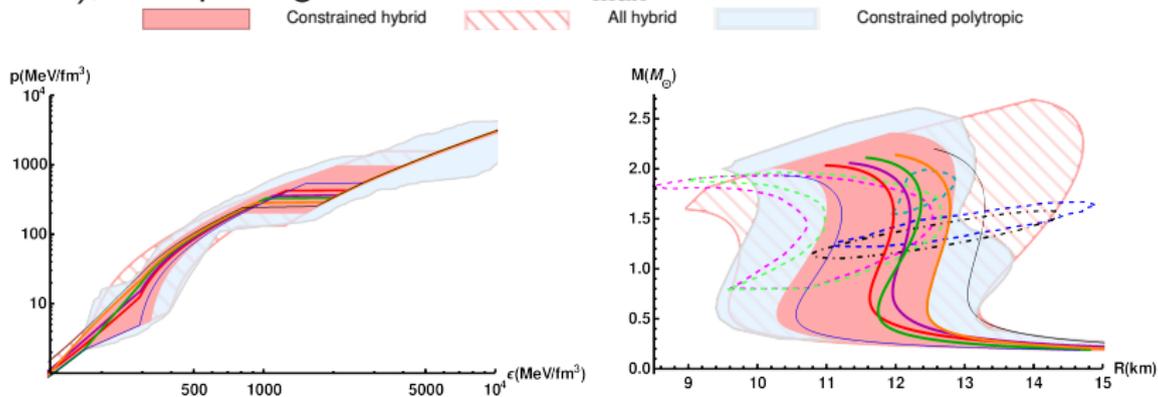


b	$\frac{R_{1.4}}{\text{km}}$	$\frac{M_{\text{max}}}{M_{\odot}}$
10.45	13.0	2.25
10.50	12.6	2.17
10.55	12.3	2.10
10.60	12.1	2.04
10.65	12.0	2.00
SLy	11.7	2.05

[CE, Järvinen, Nijs, van der Schee, arXiv:1908.03213]

Constraining the EoS with holography

All viable hybrid EoSs (light red) compared to interpolated EoSs (light blue), both passing constraints on M_{\max} and Λ .



[Jokela, Järvinen, Nijs, Remes arXiv:2006.01141]

- ▶ Results disfavor stiff models at low density and soft models at high density.
- ▶ Generically strong first order nuclear to quark matter phase transition: $\Delta\epsilon \gtrsim 500 \text{ MeV}/\text{fm}^3$.
- ▶ Large radii of neutron stars preferred.

3. Merger Simulations

Merger simulations (poor man's version)

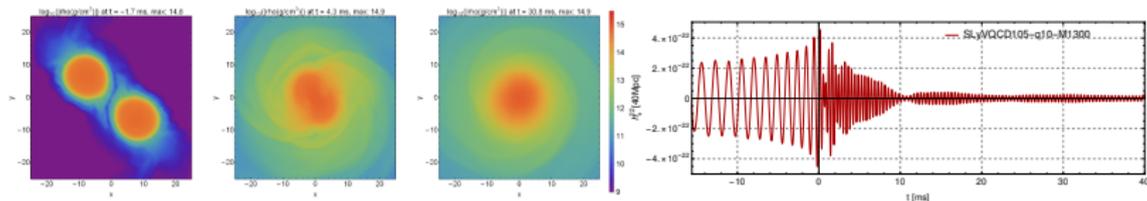
We evolve ideal general relativistic hydrodynamic equations using:

- ▶ LORENE+EinsteinToolkit+WhiskyTHC
- ▶ Equal mass binaries initially 45 km apart: 3-6 orbits before merger.
- ▶ Reflection symmetry across $z = 0$, but no 180° -symmetry.
- ▶ Carpet with 6 refinement levels and finest resolution of $368m$.
- ▶ Conformal and Covariant Z4 (CCZ4) formulation
- ▶ Cold holographic EoS with thermal component $\Gamma_{th} = 1.75$.
- ▶ Pilot project for 500k core-hours on Dutch supercomputer (Cartesius).
Typical run: 2-3 days with 100 cores for $\approx 50ms$.

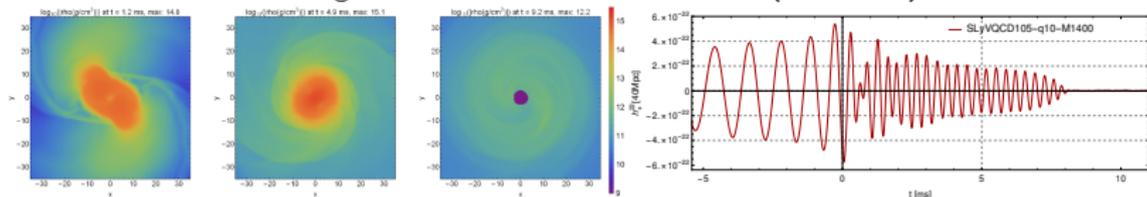
Neutron star merger with holographic EoS

Merger Dynamics and Waveforms

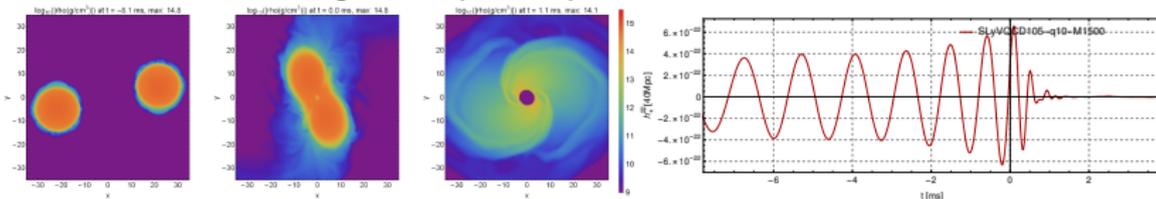
- ▶ $M = 1.3 + 1.3M_{\odot}$: Formation of a long lived ($> 40ms$) HMNS.



- ▶ $M = 1.4 + 1.4M_{\odot}$: Formation of a short lived ($\approx 7.8ms$) HMNS.

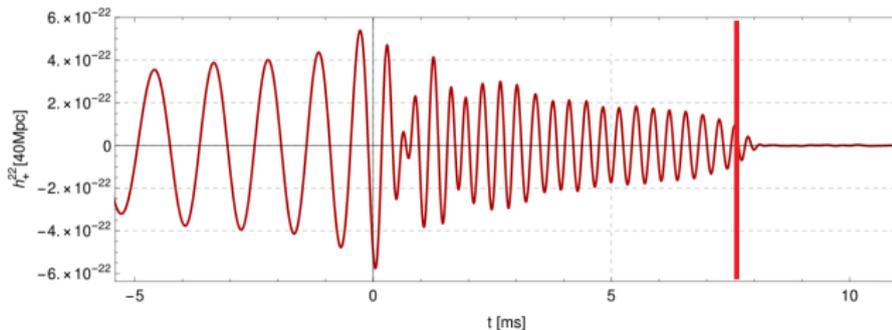
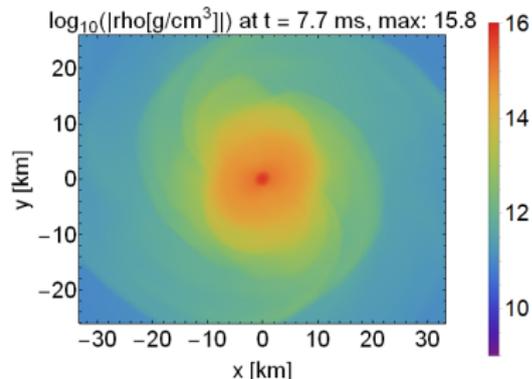
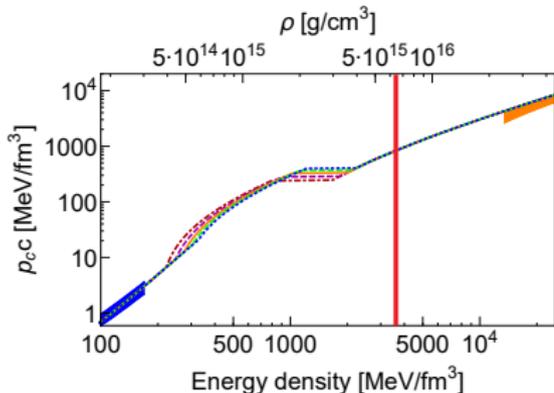


- ▶ $M = 1.5 + 1.5M_{\odot}$: Prompt collapse to BH with dilute matter torus.



Intermediate Mass Binary

- Softening of EoS in the quark matter phase leads to phase transition induced collapse.



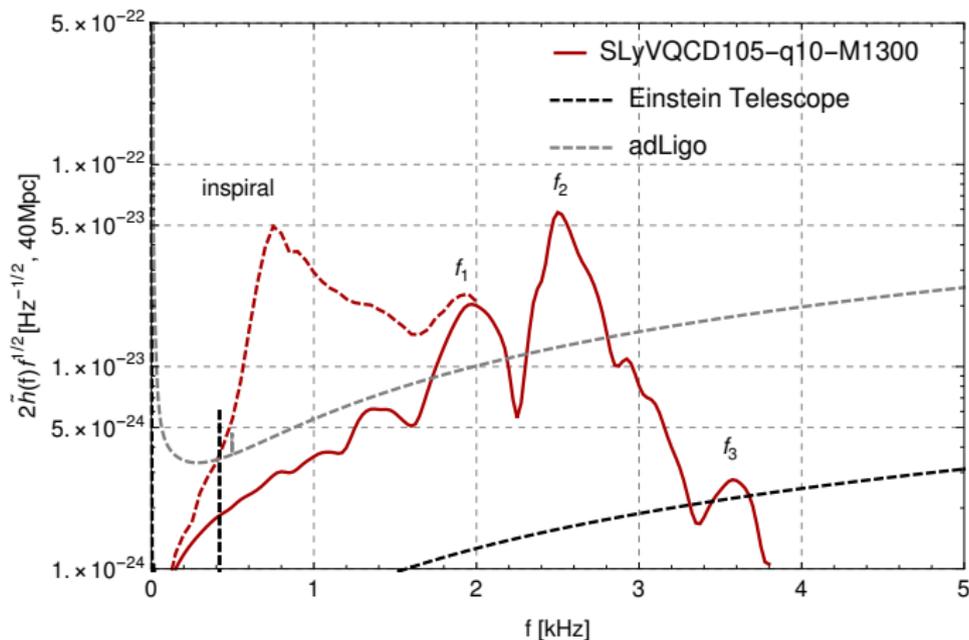
Power Spectral Density

Post-merger power spectral density (PSD) has typical three peak structure.

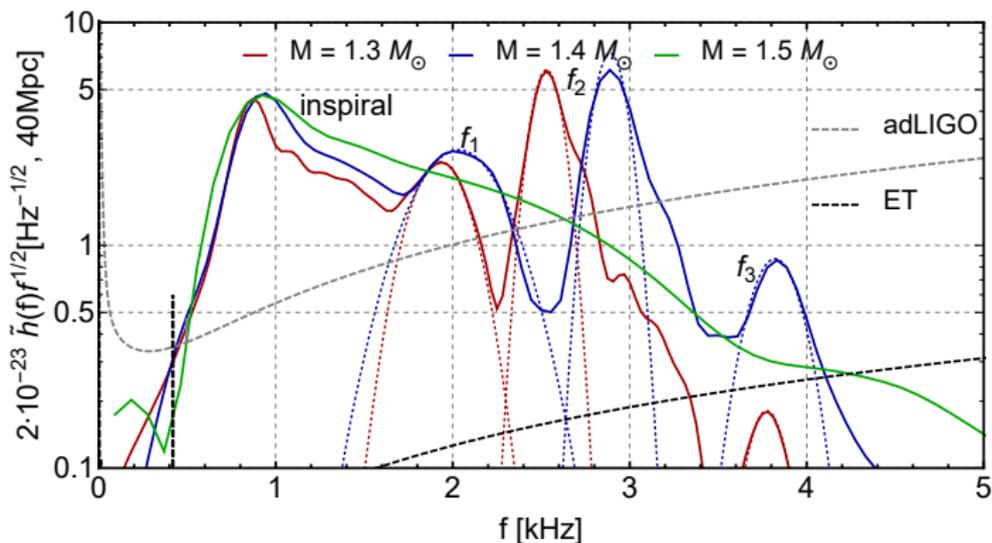
$$\tilde{h}(f) \equiv \sqrt{\frac{|\tilde{h}_+(f)|^2 + |\tilde{h}_\times(f)|^2}{2}}, \quad \tilde{h}_{+, \times}(f) \equiv \int h_{+, \times}(t) e^{-i2\pi ft} dt.$$

Characteristic frequencies f_1 , f_2 , f_3 contain information about EoS.

[Takami, Rezzolla, Baiotti arXiv:1403.5672]

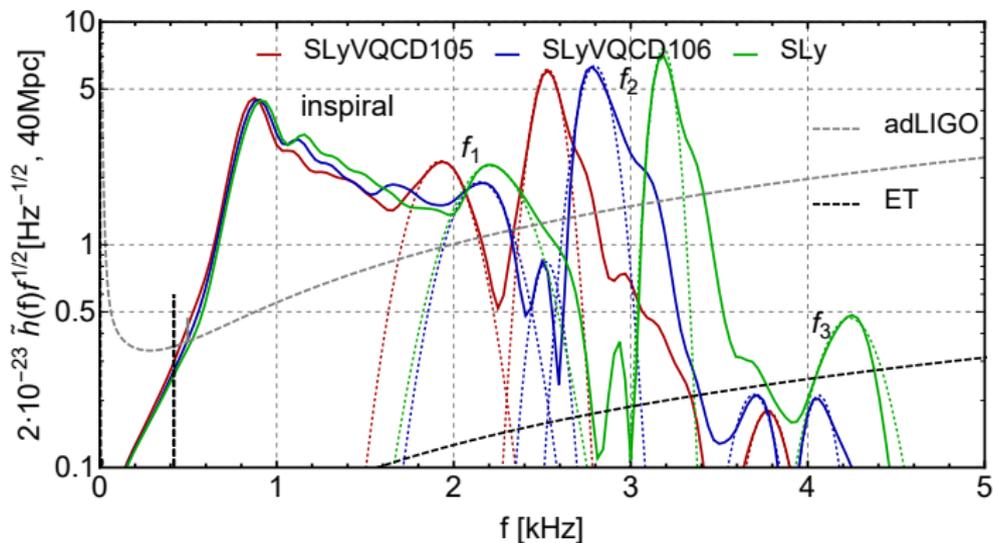


Mass dependence of the Power Spectral Density



$M[M_{\odot}]$	EoS	b	f_1 [kHz]	f_2 [kHz]	f_3 [kHz]
1.30	SLyVQCD105	10.5	1.93	2.53	3.77
1.35	SLyVQCD105	10.5	1.95	2.60	3.53 (3.90)
1.40	SLyVQCD105	10.5	2.03	2.89	3.82
1.50	SLyVQCD105	10.5	–	–	–

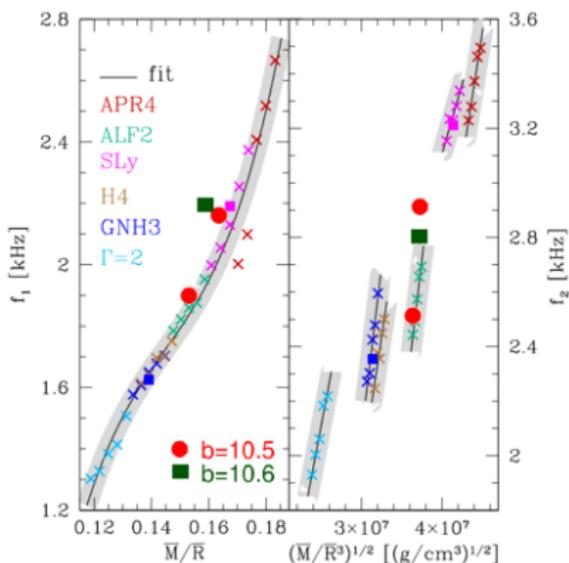
EoS dependence of the Power Spectral Density



$M[M_{\odot}]$	EoS	b	f_1 [kHz]	f_2 [kHz]	f_3 [kHz]
1.30	SLyVQCD105	10.5	1.93	2.53	3.77
1.30	SLyVQCD106	10.6	2.15	2.80	3.70 (4.06)
1.30	SLy	-	2.21	3.19	4.24

Universality

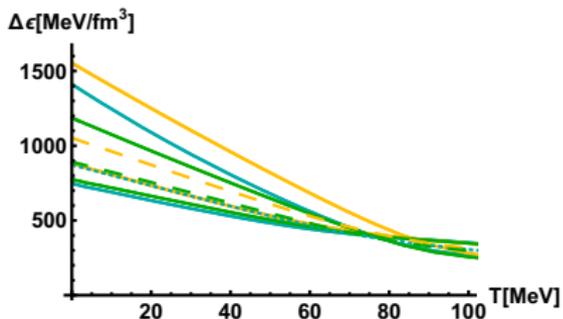
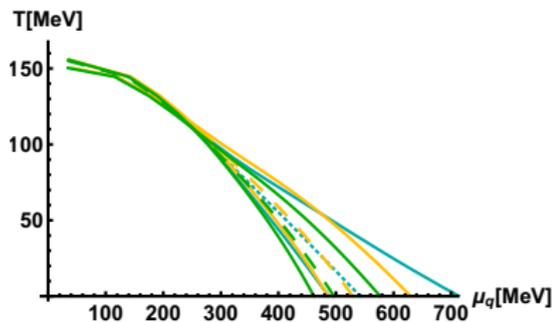
- ▶ Frequency f_1 as function of compactness $\mathcal{C} = M/R$ shows universal behaviour, i.e. results for different EoS fall on one universal curve.
- ▶ V-QCD EoS for $b = 10.5$ gives f_1 close to universal curve, $b = 10.6$ slightly off (?) \implies more analysis needed.



[plot from Takami, Rezzolla, Baiotti arXiv:1403.5672]

Finite Temperature EoS from V-QCD

EoS of quark matter V-QCD model combined with DD2, IUf and SFx nuclear matter EoS.



[Chesler, Loeb, Jokela, Vuorinen, arXiv:1906.08440]

- ▶ Reasonable EoS for all values of μ and T .
- ▶ Sizable latent heat at the phase transition, decreases with T .

4. Summary

Summary

- ▶ Holographic QCD provides a framework to compute microphysical parameters at finite density and T .
- ▶ V-QCD has non-trivial nuclear and quark matter EoS with first order phase transition in the same model.
- ▶ Provides a strong coupling alternative to traditional approaches.
- ▶ First application in NS merger simulations gives reasonable results.
- ▶ Preliminary lesson: strong coupling approach disfavors stable quark matter cores and leads to phase transition induced collapse in neutron star mergers.

Backup

V-QCD without baryons (I)

Consider first the non-baryonic V-QCD action, whose solutions will serve as background for the probe baryons

$$S_{V\text{-QCD}}^{(0)} = S_{\text{glue}} + S_{\text{DBI}}^{(0)}.$$

The gluon part is given by the IHQCD (dilaton gravity) action

$$S_{\text{glue}} = N_c^2 M^3 \int d^5x \sqrt{-g} \left[R - \frac{4}{3} \frac{(\partial\lambda)^2}{\lambda^2} + V_g(\lambda) \right],$$

where $\lambda \equiv e^\phi \leftrightarrow \text{Tr} F^2$ ($\approx g^2 N_c$ near the boundary) sources the 't Hooft coupling in YM theory, the dilaton potential is chosen² to mimic QCD

$$V_g(\lambda) = 12 \left[1 + V_1 \lambda + \frac{V_2 \lambda^2}{1 + \lambda/\lambda_0} + V_{\text{IR}} e^{-\lambda_0/\lambda} (\lambda/\lambda_0)^{4/3} \sqrt{\log(1 + \lambda/\lambda_0)} \right].$$

Finite T is implemented by homogeneous+isotropic black brane metric

$$ds^2 = e^{2A(r)} (-f(r) dt^2 + d\vec{x}^2 + f^{-1}(r) dr^2).$$

²E.g. V_1 and V_2 are fixed by requiring the UV RG flow of the 't Hooft coupling to be the same as in QCD up to two-loop order.

V-QCD without baryons (II)

The flavor part is modelled by the tachyonic DBI-action³

$$S_{\text{DBI}}^{(0)} = -N_f N_c M^3 \int d^5x V_{f0}(\lambda) e^{-\tau^2} \sqrt{-\det [g_{ab} + \kappa(\lambda) \partial_a \tau \partial_b \tau + w(\lambda) F_{ab}]},$$
$$F_{rt} = \Phi'(r), \quad \Phi(0) = \mu,$$

where the tachyon $\tau \leftrightarrow \bar{q}q$ controls chiral symmetry breaking.

Several potentials: $\{V_g(\lambda), V_{f0}(\lambda), w(\lambda), \kappa(\lambda)\}$, chosen to match pQCD in UV ($\lambda \rightarrow 0$), qualitative agreement with QCD in IR ($\lambda \rightarrow \infty$) and tuned to lattice QCD in the middle ($\lambda \sim \mathcal{O}(1)$).

[For details see Appendix B of Ishii, Järvinen, Nijs arXiv:1903.06169]

Different solutions:

without/with horizon \leftrightarrow confined/deconfined phase

without/with tachyon \leftrightarrow chirally symmetric/chirally broken phase

³Without baryons we have a vectorial flavor singlet gauge field $A^{(L/R)} = \mathbb{I}_f \Phi(r) dt$ giving nonzero charge density and chemical potential.

Probe baryons in V-QCD

Each baryon maps to a solitonic “instanton” configuration of non-Abelian gauge fields in the bulk.

[Witten; Gross, Ooguri; ...]

Consider the full non-Abelian brane action $S = S_{\text{DBI}} + S_{\text{CS}}$ where

[Bigazzi, Casero, Cotrone, Kiritsis, Paredes; Casero, Kiritsis, Paredes]

$$S_{\text{DBI}} = -\frac{1}{2} M^3 N_c \text{Tr} \int d^5x V_{f0}(\lambda) e^{-\tau^2} \left(\sqrt{-\det \mathbf{A}^{(L)}} + \sqrt{-\det \mathbf{A}^{(R)}} \right),$$

$$\mathbf{A}_{MN}^{(L/R)} = g_{MN} + \delta_M^r \delta_N^t \kappa(\lambda) \tau'(r)^2 + \delta_{MN}^{rt} w(\lambda) \Phi'(r) + w(\lambda) F_{MN}^{(L/R)}$$

gives the dynamics of the solitons.

The Chern-Simons term sources the baryon number for the solitons

$$S_{\text{CS}} = \frac{N_c}{8\pi^2} \int \Phi(r) e^{-b\tau^2} dt \wedge \left(F^{(L)} \wedge F^{(L)} - F^{(R)} \wedge F^{(R)} + \dots \right).$$

Non-Abelian DBI action only known to first few orders in $F^{(L/R)}$: expand to second order on top of solution $(g_{MN}, \Phi, \lambda, \tau)$ obtained from $S_{V-QCD}^{(0)}$.

Homogeneous Baryon Ansatz

Set $N_f = 2$ and consider the SU(2) Ansatz

[Rozali, Shieh, Van Raamsdonk, Wu]

$$A_L^i = -A_R^i = h(r)\sigma^i$$

Immediate consequence: baryon charge integrates to zero?

$$N_b \propto \int dr \frac{d}{dr} \left[e^{-b\tau^2} h^3 (1 - 2b\tau^2) \right] \stackrel{?}{=} 0$$

However finite baryon number may can be realized by discontinuity of h
 \leftrightarrow smeared solitons in singular gauge.

[Ishii, Järvinen, Nijs, arXiv:1903.06169]

The free parameter b of the model is used to tune the baryon onset to its physical value in QCD.